




July 1 - July 19, 2002





The following calendar lists the ongoing activities offered to Senior Citizens in the local area. Activities and times are subject to change. For current information on classes, special events, trips, etc, call 898-3807. The Center is open Monday-Friday, from 9:00 AM. to 4:30 PM. The Center is closed during all County Holidays.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| July 1 9:00-12:00 BODY RECALL-OYO 9:15-12:00 CRAFTS UNLIMITED 1:00-2:00 INT LINE DANCING 1:00-3:00 KNITTING & CROCHETING 2:00-3:00 BEG LINE DANCING | July 2 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING 1:00-4:15 ART CLASSES | July 3 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 11:00-2:00 INDEPENDENCE PARTY 1:00-4:00 BRIDGE 1:00-4:00 CANASTA GROUP | July 4 CLOSED  | July 5 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING |
| July 8 9:00-12:00 BODY RECALL-OYO 9:15-12:00 CRAFTS UNLIMITED 1:00-2:00 INT LINE DANCING 1:00-3:00 KNITTING & CROCHETING 2:00-3:00 BEG LINE DANCING | July 8 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING 1:00-4:15 ART CLASSES | July 10 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 10:00-11:00 SCY BOARD MEETING 1:00-4:00 BRIDGE 1:00-4:00 CANASTA GROUP | July 11 1:00-2:00 INT LINE DANCING 1:00-3:00 QUILTERS CLUB 1:00-3:00 BINGO—SENIOR CENTER 2:00-3:00 BEG LINE DANCING | July 12 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING |
| July 15 9:00-12:00 BODY RECALL -OYO 9:15-12:00 CRAFTS UNLIMITED 1:00-2:00 INT LINE DANCING 1:00-3:00 KNITTING & CROCHETING 2:00-3:00 BEG LINE DANCING | July 16 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING 1:00-4:15 ART CLASSES | July 17 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 1:00-4:00 BRIDGE 1:00-4:00 CANASTA GROUP | July 18 1:00-2:00 INT LINE DANCING 1:00-3:00 QUILTERS CLUB 1:00-3:00 BINGO—SENIOR CENTER 2:00-3:00 BEG LINE DANCING | July 19 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING |



July 22 - July 31, 2002



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| July 22 9:00-12:00 BODY RECALL-OYO 9:15-12:00 CRAFTS UNLIMITED 1:00-2:00 INT LINE DANCING 1:00-3:00 KNITTING & CROCHETING 2:00-3:00 BEG LINE DANCING | July 23 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING 1:00-4:15 ART CLASSES | July 24 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 1:00-4:00 BRIDGE 1:00-4:00 CANASTA GROUP 12:30-2:00 CULTURAL DAY | July 25 1:00-3:00 QUILTERS CLUB 1:00-2:00 INT LINE DANCING 1:00-3:00 BINGO—SENIOR CENTER 2:00-3:00 BEG LINE DANCING | July 26 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING 1:00-2:00 BIRTHDAY BASH |
| July 29 9:00-12:00 BODY RECALL-OYO 9:15-12:00 CRAFTS UNLIMITED 1:00-2:00 INT LINE DANCING 1:00-3:00 KNITTING & CROCHETING 2:00-3:00 BEG LINE DANCING | July 30 10:00-2:00 DINING CLUB 1:00-2:00 ADV LINE DANCING 1:00-4:15 ART CLASSES | July 31 9:00-12:00 BODY RECALL-OYO 10:00-2:00 DINING CLUB 12:30 HEALTH DAY 1:00-4:00 BRIDGE 1:00-4:00 CANASTA GROUP | BIRTHDAY BASH JULY 26TH 1:00-2:00 PM  | SENIOR TRIP <i>Riverside Dinner Theater</i> September 25 \$65.00 per person Money due by August 30  |

HEALTH CARE PROVIDERS

Free Family Medicine Clinic, Community Service
 Center Charles E. Brown Park
 1950 Old Williamsburg Rd.
 Yorktown, VA 23690
 Phone: (757) 890-3883
 Monday 9:00—11:00 A.M.
 Thursday 5:30—8:00 PM
 Pediatrician 3rd Thursday each month

DINING CLUB

If you are age 60 or the spouse of someone who attends, and would like to participate in this program, call the Peninsula Agency on Aging at 873-0541 to get on the waiting list or for more information.

YORK COUNTY MEALS ON WHEELS

This program serves those who are home bound and unable to obtain adequate nutrition. If you would like to participate in this program call the York County Coordinator at 898-4252.

SENIOR CENTER EMERGENCY / INCLEMENT WEATHER POLICY

The Center will be closed if York County Schools are: (1) Closed or (2) If there is a delayed start. Announcements of this nature will be made as appropriate over local radio and TV stations